



SPRING TRAINING

ARIZONA

NCS SPRING BREAK CLASSIC TOURNAMENT APR 2-4

PRELIMINARY ITINERARY

Wed (3/31) arrive as early as possible

Noon - Team Lunch

1 pm - workouts - hitting and weights at The Ranch

4 pm - 6 pm - field workout at local field

7 pm - Team Dinner

Thurs (4/1)

7 am - Breakfast at Hotel

9 am - 12 pm - workout at The Ranch

Noon - Team Lunch

1-4 pm - field workouts at local field

6 pm - Team Dinner

7 pm - Evening Outing (i.e. Top Golf/Spring Training Game - extra cost)

Fri (4/2)

- Breakfast at the hotel

- Batting practice at The Ranch

- Tournament Games TBD

- Lunch and Dinner TBD

Sat (4/3) and Sun (4/4)

- Breakfast, Lunch, and Dinner TBD

- Batting Practice at The Ranch

- Tournament Games TBD

Email athleticedgepetaluma@gmail.com to sign up